

Class Schedule

Start time	Classes	Teacher	Duration
Mon August 06, 2012			
9:15 am	Pilates Blend	Regina Radisic	55 minutes
6:35 pm	Pilates Circuit	Regina Radisic	55 minutes
Tue August 07, 2012			
9:15 am	Pilates Circuit Blend	Regina Radisic	55 minutes
2:05 pm	Pilates Circuit	Regina Radisic	55 minutes
Wed August 08, 2012			
9:15 am	Pilates Stretch	Regina Radisic	55 minutes
6:35 pm	Yoga Integration	Regina Radisic	55 minutes
Thu August 09, 2012			
9:15 am	Pilates Blend	Regina Radisic	55 minutes
Fri August 10, 2012			
9:15 am	Pilates Circuit	Regina Radisic	55 minutes
Sat August 11, 2012			
9:15 am	Pilates Standing	Regina Radisic	55 minutes
Sun August 12, 2012			
no scheduled classes or training sessions			